



Social Double / Pair Agreement & Waiver

The George Pocock Rowing Foundation is offering the opportunity for two athletes to row together in a double or pair during the pandemic. This agreement lays out the expectations and obtains informed permission from those involved in a specific “social double.” The goal of creating social partnerships is to provide a social outlet and an additional training opportunity to row with a friend in practice. Rowers are not required to row in a social double or pair. It is optional. It is also a privilege.

Agreement

As an athlete:

- I will continue to follow all COVID-19 protocols. I understand that coaches can revoke my privilege to row a social double if I violate these rules and guidelines.
- I understand that I can only row with my assigned partner, and that if they do not attend practice on a specific day, I will row in a single for that practice.
- I acknowledge that my partner and I can determine how often we want to row in the double or elect to row singles, and that as much clear communication and planning around this choice as possible will help scheduling and the rowing experience of my teammates.

As families:

- We understand that the athletes in a social double will be in close proximity for an extended period of time while rowing, and we acknowledge that we are essentially merging our households from a COVID infection risk perspective.
- We agree to follow DOH guidelines regarding contact tracing, testing, and quarantining as if we are one household. Specifically, if one athlete is expected to quarantine (e.g. a household member has been exposed, an athlete is showing symptoms of COVID, etc.), then both athletes will need to miss practice until both are clear to return.
- We agree to notify one another, and our coach or program head, if any member of our household (including our athletes) experiences COVID symptoms.

Waiver

By signing this agreement, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that you and your family may be exposed to or infected by COVID-19 as a result of you or your junior rower taking part in a “social double” at a GPRF Boathouse with another rower and that such exposure or infection may result in personal injury, illness, permanent disability, and death. Further by signing this agreement, you agree to hold harmless the GPRF, its employees, volunteers and members. This includes all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating to COVID-19.

By agreeing below, you have considered the specific risks of a social double involving the other rower/family and agree to assume the risks involved in a social double. At any time, either athlete or family can rescind this agreement and end participation in the social double / pair program by notifying the program head.

Family / Athlete A

Athlete name: _____

Athlete signature: _____

Parent/guardian name: _____

Parent/guardian Signature: _____

Date: _____

Family / Athlete B

Athlete name: _____

Athlete signature: _____

Parent/guardian name: _____

Parent/guardian Signature: _____

Date: _____



Vaccine Attestation and Hold Harmless Agreement

The George Pocock Rowing Foundation is offering the opportunity for vaccinated athletes to row together during the pandemic. This agreement lays out the expectations from vaccinated athletes rowing in boats for 2, 4, or 8 rowers and may involve a coxswain. Vaccinated rowers are not required to row in team boats. It is optional.

Agreement

As an athlete:

- I will continue to follow all COVID-19 protocols. I understand that coaches can revoke my privilege to row in team boats if I violate these rules and guidelines.
- I understand that the athletes in team boats will be in close proximity for an extended period of time while rowing. I acknowledge the potential risk inherent in this activity from a COVID infection risk perspective.
- I agree to follow DOH guidelines regarding contact tracing, testing, and quarantining. Specifically, if one athlete in a boat I'm rowing with is expected to quarantine (e.g. a household member has been exposed, tested positive for COVID-19 or an athlete is showing symptoms of COVID, etc.), then all athletes will need to miss practice until all are clear to return
- I agree to notify the other athletes I've rowed with, our coach and the program head, if any member of my household (including our athletes) experiences COVID symptoms.

Waiver

By signing this agreement, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that you and your family may be exposed to or infected by COVID-19 as a result of you taking part in rowing with other vaccinated athletes at a GPRF Boathouse and that such exposure or infection may result in personal injury, illness, permanent disability, and death. Further by signing this agreement, you agree to hold harmless the GPRF, its employees, volunteers and members. This includes all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating to COVID-19.

By agreeing below, you have considered the specific risks of rowing team boats with other vaccinated athletes and agree to assume the risks involved in rowing with other vaccinated athletes. At any time, you may rescind this agreement and end participation in rowing in team boats with other vaccinated athletes.

Attestation

I attest that I have received the COVID Vaccine on the dates below. I will commence rowing in boats with other vaccinated athletes after two weeks have elapsed since my second (final) shot.

Athlete name: _____

Athlete signature: _____

Date of vaccine first shot: _____

Date of vaccine second shot: _____

Today's Date: _____



Assumption of the Risk and Waiver of Liability Relating to COVID-19

COVID-19 is extremely contagious. As a result, federal, state, and local governments and state and county health agencies have regulated activities, including recreation, team sports, and group gatherings.

The George Pocock Rowing Foundation (GPRF), and its community boathouses, the Pocock Rowing Center (PRC) and Renton Rowing Center (RRC) have put in place preventative measures to reduce the spread of COVID-19; however, the GPRF cannot guarantee that you will not become infected with COVID-19.

By signing this agreement, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that you may be exposed to or infected by COVID-19 by rowing at PRC or RRC, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the PRC or RRC may result from the actions, omissions, or negligence of others, including, but not limited to, GPRF employees, volunteers, and other club members. Further, by signing this agreement you agree to hold harmless the George Pocock Rowing Foundation, its employees, volunteers and members from any claim that arises from your decision to participate in rowing activities.

I understand this agreement is a contract and shall remain in effect for the duration of my participation and use of PRC or RRC facilities and equipment and shall continue thereafter as to any occurrence during my participation and use of PRC or RRC.

This agreement shall bind my heirs, personal representatives, assigns, and all members of my family, including minors.

PLEASE WRITE OUT THIS SENTENCE IN THE SPACE BELOW:

I have fully informed myself of the contents of this Assumption of Risk, Liability Release, and Indemnity Agreement by reading before signing it, and do so of my own free will.

Sign: _____

Date: _____